

INSTRUCTIONS FOR USING ZOOM



How to use Zoom to attend Project Bread's online nutrition education classes!

Step 1: Download at <https://zoom.us/download>

Make sure you have downloaded the Zoom application and are operating on the most up to date version of the application. Try deleting any versions you already have and download the latest version.



Step 2: Register for Class

After clicking the provided link, a landing page will appear, prompting you to enter the name of the individual enrolled in the program and any email address. Please fill out this information, as it is necessary to proceed to be admitted to the class.

Meeting Registration

First Name* Last Name*

Email Address*

Information you provide when registering will be shared with the [account owner](#) and host and can be used and shared by them in accordance with their Terms and Privacy Policy.

[Register](#)

Step 3: Troubleshooting

If you are still unable to access the class via the application, there is also a way to call into the class with your phone. You will not be able to see the video, but you can listen to the presentation. You will receive a text or email reminder before each class that you have registered for and can call in with the information to the right.

Audio Issues: To select your output, click on the up arrow next to the microphone icon in Zoom, then choose your desired speaker from the 'Select a Speaker' dropdown menu. If you can't hear others, adjust the volume and unmute yourself if necessary. Test your audio before joining a meeting, and if problems persist, restart Zoom or your device.

WELLNESS

Number: +1 929 205 6099
Meeting ID: 833 0485 5326

KIDS

Number: +1 929 205 6099
Meeting ID: 838 0964 1675

DIABETES

Number: +1 929 205 6099
Meeting ID: 851 7851 9191

BUDGETING

Number: +1 929 205 6099
Meeting ID: 839 7521 7407